

Worksheet for Unit 02: Anemia

D : (1) 今日はどうされましたか？

P : Well, I had a health check-up the other day, and they told me I might have anemia. They said I should get it checked out.

D : (2) これまで貧血と診断されたことがありますか？

P : Not as far as I can remember.

D : (Looking at the blood test results) Well, your hemoglobin level is certainly low.

P : What's hemoglobin?

D : It's the protein in your red blood cells that carries oxygen from the lungs around your body. If your hemoglobin level's low, it means your body's not getting enough oxygen. (3)めまいや息切れのような症状はありますか？

P : Not really, but (4)普段より疲れやすくなっています。

D : (5)便の色に変化があるのに気がつきましたか？

P : Yes, I have, actually. It's sometimes quite dark.

D : OK, we'd better do a fecal occult blood test just to check whether there's any blood in your stool. That could be the cause of the change in color — bleeding in the bowels can turn your stool black. It's a condition called melena.

P : I see. What's the treatment? (6)私には輸血が必要でしょうか？

D : I doubt it. Blood transfusions are only necessary in special cases. Your low hemoglobin level is probably caused by iron deficiency, in which case we can just give you iron supplements. First, though, I'd like to have a look inside your mouth. (7)舌に痛みがありますか？

P : It sometimes feels a bit rough, but I haven't noticed any pain.

- (1) What seems to be the problem today?
- (2) Have you ever been diagnosed with anemia?
- (3) Do you have any symptoms like dizziness or shortness of breath?
- (4) I have been getting tired more easily than usual.
- (5) Have you noticed any change in the color of your stool?
- (6) Will I need a blood transfusion?
- (7) Do you have any pain in your tongue?