

Worksheet for Unit 05: Headache

D : Hello, Mr./Ms. XXX. (1) 今日はどうなさいましたか?

P : Well, I've been having terrible headaches lately.

D : (2) いつ始まりましたか?

P : Oh, a few months ago.

D : (3) どれくらいの頻度で頭痛がしますか?

P : Well, at first, they came on once or twice a month, but they've gotten more frequent lately.

D : (4) それぞれの発作がどれくらい続きますか?

P : Usually I feel better within a day or so, but sometimes it lasts almost three days.

D : (5) どのような痛みですか? Is it sharp, dull, squeezing, or pulsating?

P : It's a kind of throbbing, pulsating pain.

D : I see. And (6) 正確には痛いところはどこですか?

P : It seems to start at the back of my eyes, and it goes from the front of my head to the top.

D : (7) どれくらいの強さですか?

P : Oh, it's so bad that I can't move. I usually have to lie down.

D : I see. (8) 頭痛以外に何か他の症状がありますか?

P : Nausea and vomiting, and I have no appetite at all.

D : Do you get any warning signs?

P : Yes, when I'm reading, some of the letters look like they're missing. When that happens, I know one's coming on.

D : (9) 家族の中に同じような症状があった人はいますか?

P : Yes, my mother... my mother gets headaches as well.

D : (10) 頭痛用の薬を何か服用していますか?

P : Yes, I am, but it doesn't do much good.

- (1) What can I do for you today?
- (2) When did they start?
- (3) How often do you get them?
- (4) How long does each attack last?
- (5) How would you describe the pain?
- (6) where exactly is it?
- (7) How strong is it?
- (8) Do you get any other symptoms besides your headaches?
- (9) Is there anyone in your family who's had the same kinds of symptoms?
- (10) Are you taking any medicine for your headaches?