

Worksheet for Unit 06: Chest Pain

D : Good morning. Mr./Ms. XXX. I'm Dr. YYYY. (1)今日はどうされましたか?

P : I've been having terrible pains in my chest, doctor.

D : (2)いつ始まりましたか?

P : About a week ago.

D : And (3)これまで何回発作がありましたか?

P : Oh, six or seven, I'd say.

D : I see. Can you remember what you were doing when the first one came on?

P : Yes, I was just walking to work.

D : So, do the attacks always come on when you're doing some kind of physical activity, or is there anything else that brings them on?

P : Well, exercise – any kind – definitely brings them on. But I've also had attacks when I've been eating or emptying my bowels.

D : I see. (4)痛みがどこなのか正確に教えていただけませんか when it comes on?

P : Well, here? the whole left side of my chest is painful.

D : (5)痛みについて説明してもらえますか?

P : Hmm, I suppose I'd say it's a dull kind of pain.

D : Right, and (6)痛みが他の場所に広がりますか?

P : Yes, it spreads to my jaw, and I sometimes feel it in my left shoulder and arm.

D : OK. (7)その痛みは10段階尺度でどれくらいですか?

P : Well, I guess I'd have to give it 7 or 8.

D : Pretty bad, then. (8)何か他の症状に気づきましたか?

P : Yes, the pain sometimes makes me feel sick and a bit dizzy.

D : (9)発作がどれくらい続きますか?

P : Not long. Just a few minutes.

D : (10)これまでこのような問題がありましたか?

P : No, doctor. This is the first time I've ever had chest pain like this.

- (1) How can I help you today?
- (2) When did they start?
- (3) how many attacks have you had?
- (4) Can you show me exactly where the pain is
- (5) Can you describe the pain?
- (6) does it go anywhere else?
- (7) How would you rate the pain on a scale of ten?
- (8) Have you noticed any other symptoms?
- (9) How long do the attacks last?
- (10) Have you ever had this kind of problem before?